NORTHBRIDGE FC

Summer4 U6-U7 – Summer Competition Rules 2025

Rules are the same as used in the MiniRoos U6 and U7 Winter Comps. The Game Leader's decision is final.

Playing Rules:

1) Play should be as continuous as possible with no stoppages.

2) There is no offside. Players should be discouraged from permanently standing in a blatant offside position.

3) The game is started with a kick off at halfway. The ball must be passed forward to a team mate (no dribbling). All players must be within their own half of play. Opponents must be at least five (5) meters away from the ball until the ball is in play. The ball must touch a team mate before a goal can be scored.

4) The team kicking off will be determined by the "referee/game leader".

5) The team taking a restart has three (3) seconds to recommence play. Opposition players must stand the required distance from the kicker until the ball is played or the referee has finished his countdown and blown his whistle.

6) There are no corners. Unless a goal has been scored, regardless of which team touched the ball last, a player from the team whose goal line the ball has crossed will place the ball anywhere along the goal line and pass or dribble the ball into play. Opponents must retreat to the half way line and can only move once the ball is in play. The ball is in play once it is kicked and moves. The ball must touch a team mate before a goal can be scored.

7) There are no throw-ins. A player from the opposing team to the player that touched the ball last before crossing the touch line will place the ball on the touch line and pass or dribble the ball into play. Opponents must be at least five (5) meters away from the ball until it is in play. The ball must touch a team mate before a goal is scored.

8) When a goal is scored play is restarted from the halfway line (see also item 3).

9) All free kicks are indirect free kicks and must be kicked into play (no dribbling). Opponents must remain at least five (5) meters away from the ball until the ball is in play. The ball is in play once it is kicked and moves. A goal can only be scored if the ball subsequently touches any other player before it enters the goal.

Other Rules/Guidelines:

- Teams to arrive 10mins before kick off to sign in.
- Bibs will be available near the fields in case of a clash of colour. The team listed second on the draw will wear the bibs. Make sure your team has their bibs on before kick-off time.
- Teams must be ready to take to the field at the advertised kick-off time.
- A team can take to the field with just three players and may borrow from another team in its own age group or the age group below to get to a full team of four [4] players plus one [1] sub.

Date: 11th September 2025