



NORTHBRIDGE FC

Summer5 U8-U16 – Competition Rules 2020

The following FIFA playing rule is to be observed:

1. **The referee's decision is final.**

NB: The Competition Manager will assist the referees with any clarification required regarding the Competition Rules.

Playing Rules:

2. Game duration is 2x 13 minutes, 2 minutes drinks break and 2 minutes change-over between games.
3. Each team will field one [1] goal keeper and four [4] field players. Minimum number of players to play is four [4]
4. Roll on, roll off **substitution [interchange]** from halfway line
5. **Kick-off** – a goal cannot be scored directly from kick-off
6. **Ball out of play:**
 - a. Goal kick – goal keeper kicks the ball off the ground. The opposing team moves into own half behind the halfway line.
 - b. Corner kicks – the ball is kicked into play per standard rules.
 - c. Ball is over the sideline – the ball is **kicked** back into play from the ground (position ball on the line where it went out). A goal cannot be scored directly off a kick-in.
7. **Back pass to goal keeper:**
 - a. Goal keepers may not handle (pick up) a back pass from a team mate. An infringement will result in the ball being turned over to the opposition where the infringement happened.
8. **Fouls:**
 - a. All **free kicks are indirect** (*cannot be a straight shot on goal, the ball has to touch any other player on the way*). The opposing team must be at least three [3] steps (*measured by referee*) away.
 - b. A **penalty kick** may be awarded at the referee's discretion if an attacking player is denied a clear goal scoring opportunity through a foul by a defending player (*e.g. deliberate hand ball by a field player, tackle from behind, slide tackle*) in the 3m "goal box" immediately in front of goal. Penalty kicks are taken straight in front of goal, from a penalty "spot" seven [7] steps in field from the goal line (*measured by referee*). All players, except the defending goal keeper, must be behind the ball and cannot interfere with the taking of the penalty. Players may follow in and attack/defend a rebound.
 - c. Slide tackles (including on one knee) are not permitted and will result in a three [3] minutes sin bin for the offending player as well as an indirect free kick or penalty, depending on where the foul took place.

Other Rules/Guidelines:

- Teams to arrive 10mins before kick off to sign in (*sign in sheet & field map will be provided on the field near the middle stairs*).
- Teams must be ready to take to the field at the advertised kick-off time.
- A team can take to the field with just four players and may borrow from another team in its own age group or the age group below to get to a full team of five [5] players plus one [1] sub.
- Players are not permitted to play down an age group, except for female players in a male comp, where they may play down one [1] year.

COVID-19: A separate document will be posted with COVID-19 guidelines.